

## **Criteria for Missouri Recovery Support Specialist (MRSS)**

### **I. Criteria**

- Minimum of HS Diploma/HSE
- 1000 hours of applicable work/volunteer experience within the last 10 years
- Professional Reference Form from one of the following professionals: CADC, CRADC, CRAADC, CCJP, CRPS, MAPS, RADC, RADC-P, CCDP, CCDP-D, LPC, LCSW, Licensed Psychologist, or Director of a certified recovery support program.
- The training requirement is a total training program of 32 hours of live training broken down into 9 training categories. Some training categories may have trainer requirements and all training categories have training principles.
- Trainings may be obtained in one of the following 3 ways:
  1. MCB approved MRSS training agency
  2. U.S. Department of Education accredited program
  3. A MRSS applicant may pay an additional \$10 application fee to have training certificates approved from training sources other than A or B above. An applicant must provide the power point or other material from the training to verify the trainer requirements and training principles were met.

### **APPLICABLE WORK/VOLUNTEER EXPERIENCE**

Work/Volunteer experience is defined as experience in a position providing recovery mentoring or recovery support services to individuals in behavioral health recovery. Experience as a volunteer, intern, or unpaid practicum qualifies as work experience if the experience is the same that a paid employee would perform.

All qualifying experience must have been accrued during the ten (10) years immediately prior to application being made.

All experience must be verified by a Work/Volunteer Verification form from the organization(s) in which the applicant has experience.

## MRSS Trainer Requirements & Training Principles

### Recovery Oriented System of Care Training (ROSC) - 4 hours

1. Trainer Requirements
  - A. No specific requirements
2. Training Principles
  - A. Discussion of all Pathways to Recovery
  - B. Guiding elements of a ROSC
  - C. Attendees construct a ROSC diagram for their community
  - D. A comparison of an Acute Model of care to a Recovery Management Model of care
  - E. An overview of the state system of treatment/recovery including the various roles for Peers

### Recovery Communication- 4 hours

1. Trainer Requirements
  - A. Required – Personal Behavioral Health Recovery
2. Training Principles
  - A. The importance of recovery language and matching language to environment
  - B. Attendees should practice telling their recovery story
  - C. Show Anonymous People video
  - D. Discuss the importance and avenues of advocacy
  - E. Encourage membership and involvement in Missouri Recovery Network

### Culturally Informed -2 hours

1. Trainer Requirements
  - A. No specific requirements
2. Training Principles
  - A. General overview so attendees understand the concept of cultural competence
  - B. Attendees understand the importance of increasing their awareness & knowledge of the cultures of their clients

### Recovery Support Ethics – 6 hours

1. Trainer Requirements
  - A. Required – Credentialed or Licensed Professional
  - B. Preferred – Personal Behavioral Health Recovery
  - C. Preferred – MRSS/CPS/CRPR Credentialed
2. Training Principles
  - A. The trainer should go through the Recovery Support ethics code
  - B. Discussion should include real life ethical examples/case studies

### Recovery and Relationships -6 hours

1. Trainer Requirements
  - A. Preferred – Personal and/or Family Behavioral Health Recovery
2. Training Principles

- A. Overview of family roles & the idea of addiction as a family disease
- B. Communication skills
- C. Problem solving skills
- D. Conflict resolution skills
- E. Discussion of compassion fatigue/burnout & the importance of self-care
- F. Discussion of how to establish & build trusting relationships
- G. Attendees should practice communication skills, problem solving skills & Conflict resolution skills during training

### **Spirituality and Recovery -2 hours**

- 1. Trainer Requirements
  - A. No specific requirements
- 2. Training Principles
  - A. Recognition of a holistic approach to recovery (mind, body & spirit)
  - B. Relation of spirituality to recovery
  - C. Discussion of finding meaning & purpose in life
  - D. Discussion of employment and educational goals
  - E. Understand of terms like spirituality & religion and how they are similar and how they are different
  - F. History of Faith based involvement in the United States recovery movement

### **MI/Stages of Change -4 hours**

- 1. Trainer Requirements
  - A. No specific requirements
- 2. Training Principles
  - A. Overview of the Stages of Change model
  - B. Overview of the 8 Motivational Interviewing guiding principles
  - C. Attendees should practice the 8 MI guiding principles

### **Co-Occurring Disorders -2 hours**

- 1. Trainer Requirements
  - A. Required – CCDP/CCDP-D/CRAADC Credentialed or Licensed Professional
- 2. Training Principles
  - A. Overview of Co-Occurring Disorders including Trauma Informed Care

### **Medication Assisted Recovery – 2 hours**

- 1. Trainer Requirements
  - A. Required – Credentialed or Licensed Professional
  - B. Preferred – MARS Credentialed
- 2. Training Principles
  - A. Overview of current FDA approved medications being used to treat substance use disorders
  - B. Provide attendees with the document “Know Your Rights”

## CHECK LIST FOR MRSS APPLICATION

1. You have submitted a \$75.00 check with this application or have provided your credit/debit card information on page 7 of this application packet. **Applications will not be reviewed until payment is received.**
2. You have completely filled out the application.
3. You have signed the Code of Ethics.
4. You have filled out the Family Care Safety Registry Worker Registration Form and included the form with your packet. If your agency has conducted a FCSR background check on you within the last 30 days, you may submit the results to help expedite the application process.
5. The appropriate person has completed and signed the Work/Volunteer Verification Form and mailed this form directly to the MCB.
6. The appropriate certificates were sent to verify the required educational/training hours.
7. The appropriate High School/HSE or College transcripts were sent.
8. The Reference Form has been filled out by a Qualified Professional Reference and been mailed to the MCB.
- 10 Typically, applications are reviewed within two weeks of receipt in the MCB office. If you have not received written correspondence from the MCB 3 weeks after mailing your application to the MCB, call the MCB
- 11 Check the Professional Search on the MCB web site homepage at [www.missouricb.com](http://www.missouricb.com). Type in your last name. If your application is complete, your credential information will be displayed and your certificates will be mailed soon.

### MRSS Domains Defined

#### **Recovery Mentoring/Coaching:**

1. Serve as a role model to a consumer in recovery
2. Establish and maintain a peer relationship
3. Teach life skills
4. Assure consumers know their rights and responsibilities
5. Teach consumers how to self-advocate

#### **Recovery Support Services:**

1. Help the consumer identify options to achieve recovery goals
2. Help the consumer develop problem solving skills
3. Help the consumer access the services of substance abuse professionals when needed to sustain their recovery
4. Help a consumer identify their strengths and how to use those strengths to maintain recovery

### **Application Instructions:**

1. Requirements to receive this credential are subject to change without notice. Please make sure you are submitting the most recent application packet. If you are unsure, contact the MCB office.
2. The application must be typed or **neatly printed**.
3. Please keep a copy of all materials submitted for your records.
4. FEES: The total MRSS Fee is \$75.00. You may pay by check, money order, or provide credit card information on page 7 of this application packet. **Applications will not be reviewed until payment is received.**
5. Please be aware that should your application be reviewed and additional information is requested to complete the application, you will have 90 days to provide the requested information. Failure to do so will result in your application expiring without being approved.
6. All fees are non-refundable. If your application is denied or expires, fees will not be refunded.
7. If your application is denied, you may contact the MCB office staff for instructions on how to appeal the denial of your application.
8. All materials submitted to the MCB office become property of the MCB.
9. The applicant must currently reside and/or work/volunteer in the State of Missouri at least 51% of the time. The only exception to this is applicants living and working in a state that is not a member of the International Certification and Reciprocity Consortium.
10. If at any time during the credentialing process, a question arises about an applicant's moral character, reputation for honesty, integrity, or professionalism, the Board may either deny the application at that time or place the application on hold until an investigation has been completed and a decision made regarding the question brought up.
11. Please remember that it is your responsibility to keep the MCB office informed of any personal informational changes such as address and phone number changes. If you fail to notify us of changes, you will be responsible for any material that is mailed to the wrong address and will have to pay a fee to have the material sent again.
12. Please **mail** your application to the MCB. Please do **not** fax your application.

## Important Notice To Applicants

According to Missouri Credentialing Board (MCB) Policies and Procedures, the following rules apply to those seeking a MCB credential.

1. The following items disqualify an individual from obtaining the MRSS with the MCB:
  - A. Is listed on the Department of Mental Health disqualification registry
  - B. Is listed on the employee disqualification list of the Dept. Health and Senior Services or Dept. of Social Services
  - C. Any crime against a minor
  - D. A person who has been convicted of, found guilty to, plead guilty to or nolo contendere to any of the Disqualifying Crime (s) Pursuant to Section 630.170, RSMo. The crime (s) will only disqualify an applicant if the crime (s) were a felony. Please view information about Section 630.170, RSMo on the MCB web site [www.missouricb.com](http://www.missouricb.com) under the Disqualifying Crimes Link.
2. If an individual has applied for and been given an exception from the Department of Mental Health, the individual may apply for a MCB credential. Please send in proof of exception with your application.
3. If an individual will not be working in a Department of Mental Health certified agency and would still like to be credentialed, the individual may apply directly to the Missouri Credentialing Board exceptions committee.

# APPLICATION

FOR

## Missouri Recovery Support Specialist (MRSS)

**Appropriate fee must be submitted with application.**

**MISSOURI CREDENTIALING BOARD  
428 E. Capitol, 2<sup>nd</sup> Floor  
JEFFERSON CITY, MISSOURI 65101**

**TELEPHONE: (573) 616-2300**

**WEB SITE: [www.missouricb.com](http://www.missouricb.com)**

**EMAIL: [help@missouricb.com](mailto:help@missouricb.com)**

Please Mark Credit Card Type:

1. Visa \_\_\_\_\_
2. MC \_\_\_\_\_
3. Discover \_\_\_\_\_

CC Expiration Date: \_\_\_\_/\_\_\_\_

Credit Card #: \_\_\_\_\_-\_\_\_\_\_-\_\_\_\_\_-\_\_\_\_\_

Credit Card 3 Digit Verification Code: \_\_\_\_\_

# THIS APPLICATION MUST BE TYPED OR PRINTED NEATLY

All Applications Become the Property of MCB

Applicant's Name: \_\_\_\_\_  
First Middle Last Name Suffix (Jr., II)

\_\_\_\_\_  
Maiden Other Names Used  
Current Home Address: \_\_\_\_\_  
Street/PO Box Apt. #

\_\_\_\_\_  
City State Zip County

Home Telephone: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ SSN: \_\_\_\_\_-\_\_\_\_\_-\_\_\_\_\_

Work Telephone: \_\_\_\_\_/\_\_\_\_\_, Ext. \_\_\_\_\_ Cell Number: \_\_\_\_\_/\_\_\_\_\_

E-mail Address: \_\_\_\_\_

SEX: \_\_\_M \_\_\_F BIRTH DATE: \_\_\_/\_\_\_/\_\_\_\_\_

Are you currently or have you been credentialed or licensed as a Substance Use Disorder Professional by the MCB or any other state or organization? \_\_\_Yes \_\_\_No

If yes, which state/organization and when? \_\_\_\_\_

What is the type of credential/license held with the other state/organization?  
\_\_\_\_\_

Have you ever been **ARRESTED** and/or **CONVICTED** of a felony? \_\_\_Yes \_\_\_No

*If yes, please go to the [www.missouricb.com](http://www.missouricb.com) website, print off the "Felony Offense Form", fill out the form and submit with your application. If you were convicted of a felony listed in Section 630.170 RSMo (view [www.missouricb.com](http://www.missouricb.com); Disqualifying Crimes link), you may not apply for this credential without an exception from the Department of Mental Health or the MCB Exceptions Committee. (If you have already completed the Exceptions Process, you do not need to complete the Felony Offense Form)*

Have you ever knowingly been contacted by a Division of Family Services employee regarding a **CHILD ABUSE** and/or **CHILD NEGLECT** incident involving you? \_\_\_Yes \_\_\_No

*If yes, please go to the [www.missouricb.com](http://www.missouricb.com) website, print off the "Child Abuse/Neglect Statement", fill out the form and submit with your application. In addition, please contact the Division of Family Services at 573-751-2330 and request a report of the incident to include with this application.*



## Education/Degree Information

Please mark your highest level of education completed:

- |                                   |       |                 |       |
|-----------------------------------|-------|-----------------|-------|
| 1. High School Diploma/HSE:       | _____ |                 |       |
| 2. Addiction Certificate Program: | _____ |                 |       |
| 3. Associate Degree:              | _____ | Degree Program: | _____ |
| 4. Bachelor Degree:               | _____ | Degree Program: | _____ |
| 5. Master Degree/Higher:          | _____ | Degree Program: | _____ |

An applicant may document High School Diploma or HSE or College/University degree by:

1. Submitting copy of High School Diploma/HSE
2. Submitting official College/University transcripts directly to MCB
3. Submitting copy of College/University transcripts to MCB and having a MCB Qualified Supervisor sign/date the following:

***(I attest that the applicant's degree listed above has been verified & the applicant has submitted unofficial transcripts with the application)***

**MCB Qualified Supervisor:** \_\_\_\_\_

**MCB Supervision Number:** \_\_\_\_\_

### **Where Does the Applicant Currently Work?**

Name of Employer:					
Mailing Address of Employer	Street	City	State	Zip Code	County
Name & Title of Immediate Supervisor:					
Your Business Phone: Area Code/Telephone Number		Extension		Fax # Area Code/Telephone Number	

## Training Requirements

All applicants must submit proof of the following live education requirements:

- A. 6 hours of Recovery Ethics
- B. 4 hours of Recovery Oriented System of Care
- C. 4 hours of Motivational Interviewing and/or Stages of Change
- D. 4 hours of Recovery Communication
- E. 2 hours of Culturally Informed
- F. 2 hours of Medication Assisted Recovery
- G. 6 hours of Recovery and Relationships
- H. 2 hours of Spirituality and Recovery
- I. 2 hours of Co-Occurring

**Please submit appropriate paperwork verifying the training hours listed above.**

## **Applicant's Agreement to the Code of Ethical Practice and Professional Conduct**

I have read the Current Recovery Support Ethics Code as listed on the MCB web site [www.missouricb.com](http://www.missouricb.com), MCB Ethics Code Link and agree to abide by this code:

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Print Name

Date

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Signature

Date

### **AUTHORIZATION AND RELEASE**

I hereby certify all of the information given herein is true and complete to the best of my knowledge and belief. I also authorize any relevant investigations, or the release of personal information to the Missouri Credentialing Board, its agents, or contractors pursuant to this application/renewal procedure. I understand falsification of any portion of this application/renewal will result in my being denied credentialing, or revocation of same upon discovery.

I further agree to hold the Missouri Credentialing Board and its Board Members, officers, agents, staff, peer evaluators and examiners, free from any civil liability for damages or complaints by reason of any action that is within the scope and arise out of the performance of their duties which they, or any of them, may take in connection with this application/renewal, any examination, the grades with respect to any examination, and/or the failure of the MCB to issue me said credential or renewal.

This Authorization and Release shall also apply to personal information requested by the Board at any time following credentialing in connection with any investigation concerning allegations that could lead to disciplinary action against me.

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Print Name

Date

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Signature

Date



MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES  
 FAMILY CARE SAFETY REGISTRY  
**WORKER REGISTRATION**

**PLEASE TYPE OR PRINT CLEARLY**

**SECTION A: WORKER TYPE (CHECK ONE BOX ONLY)**

<input type="checkbox"/> CHILD CARE WORKER (\$9.00)	<input type="checkbox"/> PERSONAL CARE WORKER (\$9.00)	<input type="checkbox"/> XX VOLUNTARY
<input type="checkbox"/> ELDER CARE WORKER (\$9.00) (NO FEE)	<input type="checkbox"/> RECIPIENT OF STATE OR FEDERAL FUNDS (0.00)	<input type="checkbox"/> FOSTER PARENT

**SECTION B: IDENTIFYING DATA FOR BACKGROUND SCREENING**

LAST NAME	FIRST NAME	MIDDLE NAME
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MAIDEN AND PRIOR NAMES USED

SOCIAL SECURITY NUMBER (ATTACH COPY OF SOCIAL SECURITY CARD)	DATE OF BIRTH	GENDER <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE	TELEPHONE NO. (OPTIONAL) ( )
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**MAILING ADDRESS**

STREET ADDRESS OR POST OFFICE BOX	CITY	STATE	ZIP CODE	COUNTY
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**HOME ADDRESS (if different than mailing address)**

STREET ADDRESS	CITY	STATE	ZIP CODE	COUNTY
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**SECTION C: CURRENT EMPLOYER INFORMATION (IF APPLICABLE)**

EMPLOYER NAME	CONTACT PERSON	PHONE NUMBER ( )
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ADDRESS	CITY	STATE	ZIP CODE
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**SECTION D: AUTHORIZATION TO RELEASE BACKGROUND SCREENING INFORMATION**

The information provided is complete and accurate to the best of my knowledge. I understand it is unlawful to withhold or falsify information required on this form. I grant my permission for the Missouri Department of Health and Senior Services (DHSS) to obtain any and all background information authorized by law to process this request. Furthermore, I authorized the Missouri Department of Health and Senior Services to release the fact that I am a registrant in the Family Care Safety Registry (FCSR) and any related background information to the requestor of the FCSR for employment purposes only, as provided in 210.921, subsection 1 subdivision (1) and (2), RSMo. For purposes of the FCSR, "employment purposes" includes direct employer/employee relationships, prospective employer/employee relationships, and screening and interviewing of persons or facilities by those persons contemplating the placement of an individual in a child care, elder care or personal care setting. I understand that if I dispute the information contained in the FCSR I have the right to appeal the accuracy in the transfer of information to the FCSR within thirty (30) days of receiving the results of the background screening determination.

**NOTICE:** The FCSR may choose to deposit the check enclosed electronically as an ACH debit entry to your designated bank account. I understand that my signature below authorized my Financial Institution to deduct this payment from my account. In the event that DHSS or its subcontractor, is unable to secure funds from your account or you provide insufficient or inaccurate information regarding your account, your obligation to the DHSS will remain unpaid and further collection action may be taken by the DHSS or its subcontractor, including, but not limited to, returned check fees.

SIGNATURE OF APPLICANT (REQUIRED IN INK)	DATE / /
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***Submit this form with your application and a copy of your SS card. If your agency has ran a FCSR check within the last 30 days, you can submit the results with this form which may speed up the application process. By doing so, you give permission for your agency to share their FCSR results.***

**Missouri Credentialing Board**  
428 E. Capitol, 2<sup>nd</sup> Floor, Jefferson City, MO 65101

**WORK/VOLUNTEER VERIFICATION FORM**

An applicant is applying to the MCB for a Missouri Recovery Support Specialist Credential. Please return the completed information within one week of receipt directly to the Board at the address listed above. Please give a copy of this form to the applicant for their records and future reference. Please feel free to add any additional or clarifying comments on a separate sheet, as this information will be confidential.

Employee's Name: \_\_\_\_\_

Supervisor's Name (Print): \_\_\_\_\_

Organization Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_

Today's Date: \_\_\_\_\_

Within the last 10 years from the date listed above, please list the **composite total** number of hours the applicant spent working with substance use disorder clients in the following domains:

**Recovery Mentoring:** \_\_\_\_\_

**Recovery Support Services:** \_\_\_\_\_

Supervisor's Name (Printed): \_\_\_\_\_

Supervisor's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Please return this form directly to MCB, 428 E. Capitol, 2<sup>nd</sup> Floor, Jefferson City, MO 65101. Provide a copy of this form to the applicant.

